



Illness inclusions and exclusions

Athletes foot - This is a common fungal infection that affects the feet.

Athletes foot – NHS (www.nhs.uk)

- No need to stay of Pre-school. This is not a serious condition. Treatment is recommended. Inform preschool.

Chicken Pox – Rash begins as small, red, flat spots that develop into itchy blisters.

Chickenpox – NHS (www.nhs.uk)

- Please keep your child at home until all the spots have crusted over and your child is well (usually 5 days after the spots have appeared) Inform Preschool.
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Conjunctivitis – Usually affects both eyes and makes them red, burn and itchy.

Conjunctivitis – NHS (www.nhs.uk)

- Please keep your child at home until fully recovered, Inform Pre-school.
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COVID – High temperature, cough, feeling unwell, loss of taste and smell

Coronavirus (COVID-19) – NHS (www.nhs.uk)

- Please keep your child at home for 3 days or until your child feels well enough to return after 3 days and no temperature. Inform Preschool.

Diphtheria - High temperature, swollen glands, grey/white coating to throat and tongue.

Diphtheria – NHS (www.nhs.uk)

- Please keep your child at home (contact UKSHA for advice on exclusion time) Must inform GP. Inform Preschool.

Flu - High temperature, aches, sore throat, cough and headache.

Flu – NHS (www.nhs.uk)

- Please keep your child at home until they feel well and have no temperature. Inform Preschool.

German Measles - Mild fever, swollen glands and a rash.

German Measles – NHS (www.nhs.uk)

- Please keep your child at home as soon as symptoms develop until 5 days after the onset of the rash. Child must be well enough to attend and no fever. Inform Preschool.



Glandular fever - High temperature, sore throat, swollen glands.

Glandular fever – NHS (www.nhs.uk)

- Please keep your child at home until they feel well and have no temperature. Inform Preschool.

Hand, foot and mouth disease - Fever, sore throat, headache. Small, painful blisters can appear inside the mouth, hands and feet.

Hand, foot and mouth disease – NHS (www.nhs.uk)

- Please keep your child at home until all the sores have crusted over and they have no temperature. Inform Preschool.

Head Lice – Itchy head

Head Lice and nits – NHS (www.nhs.uk)

- Please keep your child at home until they have been treated. Inform Preschool

Impetigo – Starts with sores or blisters. These can be itchy, painful and spread very easily.

Impetigo – NHS (www.nhs.uk)

- Please keep your child at home until the lesions are crusted and healed pr 48 hours after starting antibiotics. Inform Preschool.

Measles – Usually starts with cold-like symptoms, followed by a rash a few days later. Small spots in mouth may appear.

Measles – NHS (www.nhs.uk)

- Please keep your child at home for at least 4 days from when the rash appears until they feel well. Inform Preschool.

Meningitis – A rash that does not fade if a glass is rolled over, stiff neck, high temperature, dislike of bright lights, drowsiness, sickness and a headache.

Meningitis – NHS (www.nhs.uk)

- Please keep your child at home until your child is well enough to return and has no temperature. Inform GP. Inform Preschool.

Molluscum Contagiosum – A viral skin infection

Molluscum Contagiosum – NHS (www.nhs.uk)

- No need to stay ff Pre-school as self-limiting. Stop the spread by not sharing towels or squeezing lesions. Inform Preschool.



Mumps– Painful swelling in the side of face and under the ears.

Mumps – NHS (www.nhs.uk)

- Please keep your child at home until five days after onset of swelling and your child feels well. Inform GP. Inform Preschool..

Ringworm – Common fungal infection, causing a rash (not worms)

Ringworm – NHS (www.nhs.uk)

- No need to stay off Pre-school. Antifungal treatment advised. Inform Preschool.

Scabies– A Skin infection caused by a mite. Intense itching, especially at night and raised rash or spots.

Scabies – NHS (www.nhs.uk)

- Please keep your child at home until after your child's first treatment. Household and close contacts will also require treatment at the same time Inform Preschool.

Scarlett Fever – Sore throat and painful glands in neck. A rash that appears 24-48 hours later.

Scarlett Fever – NHS (www.nhs.uk)

- Please keep your child at home until 24 hours after starting antibiotics and if they feel well. No temperature. Inform GP. Inform Preschool.

Slapped cheek – High temperature, runny nose, sore throat, headache. A red rash may appear on 1 or both cheeks.

Slapped cheek – NHS (www.nhs.uk)

- Please keep your child at home until the rash appears and they feel well enough with no temperature. Inform Preschool.

Sickness bug / diarrhoea – Stomach cramps, nausea, vomiting and diarrhoea.

Diarrhoea and vomiting – NHS (www.nhs.uk)

Norovirus (vomiting bug) – NHS (www.nhs.uk)

- Please keep your child at home until 48 hours after last episode of diarrhoea or vomiting and they feel well enough to return. Inform Preschool.



Threadworms – Itching around the anus, particularly at night.

Threadworms – NHS (www.nhs.uk)

- Please keep your child at home until 48 fully treated. Inform Preschool.

Whooping cough– Coughing bouts that are worse at night. The cough will make a ‘whoop’ sound , may be sick from mucus.

Whooping cough – NHS (www.nhs.uk)

- Please keep your child at home until 48 hours after starting antibiotics and when your child is well enough. Inform GP. Inform Preschool.